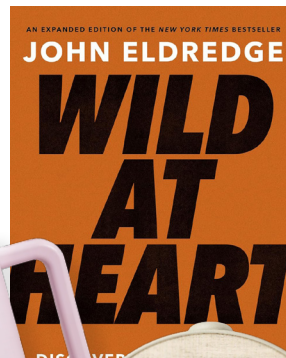


DEMI-LEIGH TEBOW

MINI SPENT TEN MINUTES WITH THE new mom (to Daphne, 7 months), speaker, entrepreneur, Miss Universe 2017, and best-selling author of *Princess Paris Finds Her Purpose* and a 100-day devotional to chat life lately, from what's currently on her nightstand (we can relate!) to the pregnancy craving she now can't stand, the apps she uses most (mom staples!), and her ideal date night with husband, Tim.



ON MY NIGHTSTAND
Pacifiers, a Hatch sound machine, my HydroJug, and late night snacks.

ALWAYS IN MY FRIDGE
Blueberries, avocados, cheese, and ginger shots.

LAST BOOK I READ
Currently reading *Wild at Heart* by John Eldredge.



ON THE CLOCK



FAVE KIDS MOVIE *David* movie.

FAVE PLACE TO TRAVEL Cape Town, South Africa!



APPS I USE MOST

Huckleberry, Oura, Hatch, Harbor Baby Monitor, and Instacart.

NOW WATCHING *Family Feud*, *Poldark*, *The Empress*, and any European period dramas.



PREGNANCY CRAVINGS

Didn't crave much, but lived off ham and cheese sandwiches with tomato and avocado. Kiwis and Bulgarian yogurt too—which I now can't stand.

COFFEE ORDER I always order cappuccinos when I'm home in South Africa. It's closer to a typical latte in the U.S.

FAVE LOCAL RESTAURANT Kairos Jax for breakfast and North Beach Fish Camp for dinner.



SIGNATURE SCENT Taking a break from traditional perfume, keeping it clean for baby girl. Testing essential oil perfumes but haven't found my go-to yet.

WARDROBE STAPLES Crisp, white button down and good trousers. Loving monochromatic looks at the moment.

CAN'T STOP LISTENING TO *Next Thing You Know* by Jordan Davis, Ellie Holcomb's kids' album, and *Africa* by Toto when I miss home.

IDEAL DATE NIGHT A day or night at home where we get to focus on health and wellness. We love to workout together, hit the sauna, walk the dogs, and end with takeout from our go-to.

GROWING UP, I WANTED TO BE A Lawyer... or the president.

IF I HAD MORE TIME I would sleep. I know my fellow new moms get this!



FAVE KIDS BOOK *Guess How Much I Love You* by Sam McBratney and *Who Sang the First Song?* by Ellie Holcomb. We love pairing it with her music!

GUILTY PLEASURE Watermelon electrolytes, the chai latte from Taylor Dukes Wellness, anything from True Food Kitchen, but specifically the chicken tenders, and homemade sourdough bagels from my good friend.

