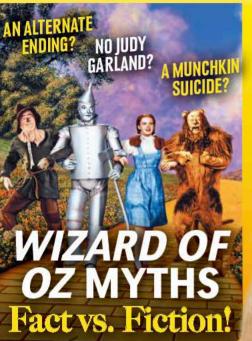
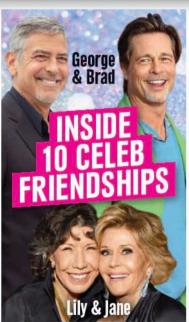
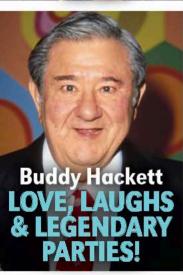
5 WAYS TO CLEAR BRAIN FOG p.32











Years of horrific abuse led to a lifetime of heartbreak and alcoholism, but the *Gidget* star's greatest love never gave up on her



ENGLAND'S CAPITAL CITY IS A CENTER FOR ART, ENTERTAINMENT, FASHION AND CULTURE

Vera Wang. "I love the city. I love the food — which is something you couldn't have said 40 years ago. I think it's a very beautiful city." London is also on Europe's cutting edge when it comes to the arts and fashion. The city boasts a network of artists and designers seeking to create work that's both inventive and socially responsible. "It's a very fashion explorative and creative kind of environment for young designers," says Vera, who comes home inspired every time she visits. "It's one of my favorite places in the world." — Reporting by Fortune Benatar

BRING LONDON HOME

THE FUN
Relax in
the tub
with this
adorable
rubber
duckie
dressed in

duckie dressed in a classic London policeman's

London policeman's uniform and hat. \$9; shop .towerbridge.org.uk

THE LUXURY

The Smythson
Panama Chelsea
Notebook is
covered in fine
leather and
decorated with
Alice's favorite
Rabbit. \$104;
harrods.com

THE SIP

There are few things more British than a classic gin and tonic. Cheers!

INGREDIENTS

2 oz.gin 4 oz.tonic water Lime slice for garnish Fill a highball glass with ice

glass with ice, then add gin. Top with tonic water and stir gently. Garnish with a slice of lime.







Tea for Two

Twinings offers a two-hour master class where visitors learn about tea's history and taste the six categories of brew.